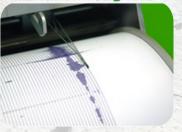


Get to work faster, cheaper and with less stress

March 2009

Ready for "The Big One?"



Last year we had 267 earthquakes—more than twice the number of the year before, according to data from Caltech and the US Geological Survey. If that's not enough, a new study by UC Irvine warned that we could soon be due for "the big one." While we can't know for sure, one thing is certain: It's smart to be prepared. Here, the

experts at CommuteSmart.info offer some tips for getting to and from work should a quake shake up your normal route.

- Keep handy a list of alternate routes between home and work, including one that takes you only on surface streets.
 - Keep an emergency kit in your car's trunk with spare shoes, water, a flashlight, non-perishable food, a first-aid kit and any other essentials.
- Talk to your employer now about telecommuting. Many work sites that don't usually allow employees to work at home make exceptions in crisis conditions, so find out the best ways to keep in touch with the main work site.
- Make a habit of carpooling or vanpooling to work. In case of an emergency, two heads are better than one.
- Even if you're not ready to rideshare right now, keep a list of your options. With disrupted communication, it could become a whole lot harder to set up carpools or find a bus route after a quake. Go to CommuteSmart.info to get a list of potential carpool partners, bus and rail itineraries and more.













In Brief

Get Metro and Metrolink Updates on Twitter

Get important updates and alerts for Metro and Metrolink on Twitter, the free service that lets subscribers exchange brie messages, called tweets, to users who receive message updates on their phones via IM, RSS or on the web. Instructions on how to sign up for Twitter messages are available for Metro at metro.net and Metrolink at metrolinktrains.com

twitter



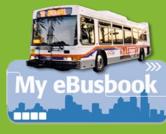
Hey there! Metrolink is

Go Car-Free the Last Friday of Each Month

The Los Angeles County
Bicycle Coalition is asking
commuters to go
car-free on the last
Friday of each month.
For more information on
any planned rides, go to la-bike.org

OCTA launches eBusbook

Now riders can "go green" by building their own personalized eBusbook, which gives them customized route



information simply by selecting routes and other services from a list of categories—all easy and online. Check it out at octa.net/ ebusbooknew